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# MARGADARSHI NEWS LETTER

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“Margadarshi” The Association for Physically Challenged (Regd)

(Karnataka Associations Reg. Act 1960, Sl. No. 601/88-89-Bangalore District)

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We would like to thank you for believing in our endeavour and lending support so as to enable us to make a significant difference in the lives of physically challenged. We members of Margadarshi would like to come together in expressing our gratitude for your benevolence, on which thrives our efforts.

## CHALLAKERE CAMP



Challakere, which is about 250 kms from Bangalore is a draught prone area and majority of the population in the surrounding areas live in extreme poverty.

In continuation to our mega medical camp at Pavagada in the year 2008 to 2010 in phases, Mr. Sudheendra of pavagada further requested us to conduct a medical camp at Challakere

also. A survey work was done by Mr. K.N.Sudheendra of Swami Vivekananda Taluk Federation, Pavagada and Mr. Ramakrishna of Viveka Foundation, Challakere before the camp. Margadarshi selected this place as it was known through a survey report that it has high rate of disabled people.

### Screening Camp

Accordingly, Margadarshi arranged a Screening Camp on 9th & 10th of July'11, at Challakere. It was a record performance of examining 244 disabled at the camp. This being the highest number of cases attended compared to

ಸಹೃದಯ ಬಂಧುಗಳೇ,

ಬದುಕು ಹಾಗೂ ಜೀವನ ಕ್ರಮಗಳಲ್ಲಿ ಗುರಿ ಹಾಗೂ ನಂಬಿಕೆಗಳನ್ನು ಕಳೆದುಕೊಂಡು ಹತಾಶರಾದವರಿಗೆ ಜೀವಸತ್ವಗಳನ್ನು ತುಂಬುವ ಜವಾಬ್ದಾರಿ ನಮ್ಮದು ಎಂಬ ದೃಢ ಚಿತ್ತದೊಂದಿಗೆ ಸಮಾಜದ ಭವಿಷ್ಯಕ್ಕೆ ನಮ್ಮದೆಲ್ಲವನ್ನೂ ಸಮರ್ಪಿಸೋಣ....

ಶ್ರೀ ನಂದನ ನಾಮ ಸಂವತ್ಸರ ತಮಗೆಲ್ಲರಿಗೂ ಆಯುರಾರೋಗ್ಯ ಸಂತೋಷ ಐಶ್ವರ್ಯ ಎಲ್ಲವನ್ನೂ ಕರುಣಿಸಲಿ ಎಂದು ಪ್ರಾರ್ಥಿಸುತ್ತೇವೆ.

ಎಲ್ಲರಿಗೂ

ಶ್ರೀ ನಂದನ ನಾಮ ಸಂವತ್ಸರದ ಶುಭಾಶಯಗಳು

ಮಾರ್ಗದರ್ಶಿಯ ಬಳಗ

### BEWARE

It has come to our knowledge that some unscrupulous people are collecting donations by issuing duplicate receipts in the name of our Association. Therefore, donors are requested to give donations only at our Office/Home for disabled women at Halasooru or to our committee members.

ಸತ್ಯಕ್ಕಾಗಿ ನಡೆಸುವ ಹೋರಾಟ ಎಂದೂ ವೃಥಾವಲ್ಲ. ಪವಿತ್ರವಾದ ಮತ್ತು ದೃಢವಾದ ಇಚ್ಛೆ ಸರ್ವಶಕ್ತವಾದದ್ದು - ಸ್ವಾಮಿ ವಿವೇಕಾನಂದ



earlier camps. It was pathetic to see most of them malnourished disabled crawling into the camp. The backbone of the camp was Dr. Badarinath from Fracture & Orthopaedic Clinic of Malleswaram who examined all the patients. **It was a first of its kind camp at Challakere !**

Local organizations which helped us to conduct the camp included Arya Vysya Sangha, Challakere; Viveka Foundation, Challakere; Swami Vivekananda Taluk Federation, Pavagada. Our special thanks to Mr. Ram Mohan, Mr. Sudheendra and Mr. Ramakrishna for their excellent arrangements.

#### **Assessment, measurement of mobility equipments & distribution of Tricycles : Camp**

A three day program was organized on 3rd to 5th Nov'11 to distribute mobility equipments and take measurements for calipers, artificial limbs, wheelchairs etc. We were able to distribute 29 tricycles amongst those who were identified during Medical Checkup camp on July'11 and few other beneficiaries.

Mobility India, pioneers in manufacturing artificial limbs, calipers and providing customized wheelchairs had sent a dedicated team of Para medical Staff to take measurements for people to be fitted with limbs, calipers and wheelchairs. 49 beneficiaries were identified for calipers and limbs and 16 people were identified for customised wheel chair. All measurements were taken to provide mobility equipments.

Arya Vysya Sangha of Challakere had made excellent arrangements. Swami Vivekananda Taluk Federation and

Viveka Foundation made available all the information and data of the disabled and helped us in making the camp a success. We are grateful to each and everyone for their kind gesture.

#### **Surgeries**

The following beneficiaries have under went surgeries at St. Theresa's Hospital, Bangalore.

1. T. Maruthi : 22.09.2011; 2. Chandramouli : 23.09.2011;
3. Santhoshkumar : 28.09.2011; 4. Kavitha : 12.10.2011;
5. Ajaykumar : 18.11.2011; 6. Master Veeresh : 18.11.2011;
7. Ravikumar : 22.11.2011.

**ROBERT BOSCH ENGINEERING & BUSINESS SOLUTIONS LIMITED** is one of the world's leading global supplier of technology & Services, offering end to end engineering, IT & Business solutions.

As **CSR** (Corporate Social Responsibility) is a vast area, their approach is to carefully choose a small number of initiatives that generate large and distinctive benefits for the Society and Community. Their main areas under this concept are :

1. Philanthropy, 2. Culture & Art, 3. Community

Robert Bosch Engineering & Solutions Limited supports various initiatives providing healthcare to community in rural area. Under this concept **ROBERT BOSCH** sponsored our entire Challakere Medical Project.

**MARGADARSHI appreciates the commitment and support extended by ROBERT BOSCH for the entire project. Our HEARTFELT THANKS for the same.**



## CST: CHALLAKERE CAMP ON 17.09.2011



A medical camp of distribution of mobility equipments like crutches, walkers, walking sticks etc., was organized at Challakere on 17.09.2011. We distributed crutches, walkers, walking sticks, wheelchairs (5 Nos.), tricycles (5 Nos.) worth around Rupees One Lac to challenged persons identified in our screening camp held on 9th & 10th July, 2011.

CST Sensors India Pvt. Ltd., a MNC is involved with business one stop shop for all world class quality range of products like sensors, controls and actuation products.

Corporate Responsibility (CR) is an integral part of their business and 1% of their profit will be utilized towards community projects. Under this concept CST helped and supported part of this camp by sponsoring rupees one lac being the cost of equipments.

A team of employees from CST led by Mr. Sridhar Nalluri, Country Manager joined the camp and distributed mobility equipments to the beneficiaries. Mrs. Thilagavathi - Sales Engineer, Micro Motors took all efforts in making the camp a grand success!!

Thanks to CST Sensors India Pvt. Ltd., for having sponsored the camp. We also thank local organizations Arya



Vysya Sangha, Sri Vivekananda Taluk Federation - Pavagada, Viveka Foundation - Challakere and other local organizations, volunteers, well wishers for their support during the camp.

## VIEWS FROM CST SENSORS INDIA PVT. LTD.

“As we observed really, the Margadarshi Association workers they make so many positive contribution to the lives of Physically Challenged. It was an excellent opportunity we had in serving the physically challenged lives through association like Margadarshi.

We need to thank them for their important work in keeping physically challenged lives safe. We sincerely appreciate and convey our thanks and respect to Margadarshi Association workers for the critically important service they provide.”

**TO EACH & EVERY SOCIAL WORKER OF  
MARGADARSHI  
"FOR ALL YOU DO, WE THANK YOU"**

## WALKATHON ON 11.12.2011



A **WALKATHON** was arranged to create awareness about the autism among public by Information & Resource Centre. Many NGOs showed their support and solidarity by participating in this Walkathon. The walk was from M.N. Krishna Rao Park to IRC at Shankarapuram. 30 members including NCC Cadets from our Organization joined in the event. The beautifully designed placards by Mr. Nagaraj Navunda of Shristi Accademy caught the attention of everyone.

NCC Cadets did a tremendous job by controlling traffic during Walkathon. IRC had good words and best wishes for our organization for our active participation.

We pledge our support to the Autism Children and IRC team who are doing wonderful work for humanity.

## OUR SERVICE ACTIVITIES

- On 28.07.2011 - Mrs. Saraswathi of Pavagada aged about 25 years was provided with single leg caliper.
- On 29.07.2011 - Master Karthik aged about 9 years was provided with B/L AFO and standing Box.
- On 29.07.2011 - Mr. Mallappa aged about 20 years was provided with single leg caliper.
- On 05.08.2011 - Ms. Deepa aged about 18 years was provided with B/L Calipers.
- On 05.08.2011 - Ms. Preethi.J.N. aged about 9 years was provided with one wheelchair
- On 20.08.2011 - Mohd. Yunus aged about 23 years was provided with single leg caliper.
- On 24.08.2011 - Mr. Kenchappa R.Handragal was provided with single leg caliper.
- On 25.08.2011- Mr. Govindaraju. K.R. was provided with artificial limb.
- On 03.09.2011 - Master Nikhil aged about 11 years was provided with artificial limb.
- On 10.09.2011 - Mr. T. Seetharam was provided with B/L Calipers.
- On 19.09.2011 - Mr. Arun.K aged about 17 years underwent surgery (Fracture).
- On 21.09.2011 - Baby Roopa aged about 7 months has underwent club foot correction surgery.
- On 22.09.2011 - Master Yuvaraj aged about 6 years was provided with AFO and Hand splints.
- On 24.09.2011 - Master Shaik Thohid was provided with AFO.
- On 28.09.2011 - Ms. Rajeswari.A.R. aged about 23 years was provided with B/L Calipers.
- On 08.10.2011 - Mr. Akthar Ali was provided with single elbow crutch.
- On 11.10.2011 - Baby Ankitha aged about 7 years has underwent correction surgery of her leg.
- On 15.10.2011 - Master Abhishek has underwent surgery of spinal cord.
- On 19.10.2011- Master Kishan aged about 2 years has underwent correction surgery of his club foot.
- On 21.10.2011 - Master Vishnu aged about 11 years has underwent correction surgery of his leg.
- On 22.10.2011 - Ms. Nethravathi aged about 24 years was provided with single leg caliper.
- On 28.10.2011 - A tailoring machine was donated to Mr.Selvam of Dodduru, Denkanikota a physically challenged person.
- On 04.11.2011 - Mr. Ravikumar.R.H. aged about 33 years has underwent correction surgery of leg.



# FROM 01.07.2011 TO 31.12.2011



- On 11.11.2011 - Mr. Umesh aged about 18 years was provided with an artificial limb.
- On 17.11.2011 - Mr. Muniyappa aged about 35 years was provided with B/L Calipers.
- On 26.11.2011 - Mr. Shankar.M underwent surgery (Fracture).
- On 28.11.2011 - Ms. A.Shahina aged about 25 years was provided with Calipers.
- On 08.12.2011- Ms. Bhagyamma our HOME resident was provided with single leg artificial limb.
- On 26.12.2011- Mr. Sandesh.B.G aged about 23 years was provided with B/L.Calipers.

## We sincerely thank following philanthropists / institutions who have supported us in the above activity.

- Dr. Srinivasan and his team of Doctors (Surgeries)
- Mobility India (Calipers and Artificial limbs @ concessional rates)
- Dr. S. Raghavendra, Advanced Spine Care and Pain Management Centre
- Advait Motors (P) Ltd.,
- Sri Ravi. R.
- Mr.Harisenan
- Sri Lakshmikanth Kadaba
- Smt. Suma Prasad
- Smt. T.S.Nagarathna
- Smt. Shamala Manindran
- Sri Jayanta Tewari
- Smt. Radhika Krishnan
- Smt. Vasantha Srinivasan
- Kum. Ramya & Friends
- Smt. D.S.Usha
- Smt. Rajalakshmi Ramgopal
- Mrs. Rubina Gonsalves
- Sri M.N. Pai
- Sri B.Krishnaiah Setty
- Dr. Saroja
- Smt. B.R.Narmada
- Sri. M.K.Pandurangam
- Smt. Kala R.Swamy
- Smt. M.L.Gomathi
- Sri Shivaram Acharya
- Smt. Gopabandhu Mohapatra
- Mr. Pradeep K.Singla
- Mr. Bishwaranjan Mishra
- Mr. Damodar Kampa
- Mr. Jadabendra Kampa
- Smt. Gayathri Kampa
- Smt. Padmaja
- Mr. Harikiran (Tailoring Machine)



## TEAM BASED PROJECTS : THOMSON REUTERS

### Background

Being a large entity, Thomson Reuters dedicated to uphold the Trust Principles with an important focus on service to society. Corporate Social Responsibility is an integral part of the way they do the business. Their Community Service Program is one such initiative.

This Program was launched on August 10, 2011, local volunteering initiative that gives employees a day off from work to volunteer on a team based projects with an NGO. Their goals are to continue to make long-lasting commitments to community and promote & strengthen Thomson Reuters' culture and values.

In this direction Thomson Reuters collaborated with 25 NGO partners, 250 projects and 2500 volunteers.

'Margadarshi' is proud to be as one of the NGO and we were awarded 6 projects by Thomson Reuters. Apart from funding the projects their employees volunteered all the programmes.

- On 21.09.2011 : A Close encounter with our Community - NGO Meet
- On 24.09.2011 : Shovel on Hand - Gardening
- On 07.11.2011 : Handi Work
- On 18.11.2011 : Street Play
- On 30.11.2011 : Sports Colors - A sports meet for Special Children
- On 17.12.2011 : Skill Development Program for challenged students.

**I - On 21-09-2011 - NGO Meet - A Close encounter with our Community :**



There are many social Organizations in Bangalore alone working in different fields such as orphanages, old age homes, HIV, Challenged persons etc. To develop network among social organizations, Margadarshi arranged NGO Meet under the sponsorship of Thomson Reuters. This meet helped to discuss various problems being faced in the society and identify various NGOs functioning to mitigate the problems faced in the Society. This 'MEET' also enables Social Organizations to interact each other in coming days.

Margadarshi invited 22 Social Organizations working in different fields like HIV, Old age Homes, orphanages, Autism, Mentally Challenged, Blood donation, Body donation, Eye donation etc.

NGOs shared their activities, work experiences, challenges etc.

Each NGO was allowed to deliver a 10 minute talk about their activities. This enabled other NGOs to know each other's activities thus helped them to find a solution to the problems being faced by the suffering brethrens of the society. This meet was arranged at B.M.Sri Foundation, N.R. Colony, Bangalore and 15 employees of Thomson Reuters led by Mr. Thomas Prakash volunteered and handled the entire program with a great enthusiasm.

Rtn. Ramesh of Information & Resource Centre and Smt.Radhika Krishnan were the Guests of Honour for the function. Rtn. Ramesh appreciated efforts of Margadarshi and suggested to arrange many more such meets once in 3 months by inviting 10 new NGOs for the meet and publish a Directory at the year end. Participants requested to for a CD of the entire program to enable them to get information of all the NGO's who attended the meeting.

**We would like to extend our thanks and gratitude to the whole team of Thomson Reuters in making this Meet a grand success.**

**II - SHOVEL ON HAND - GARDENING - 24.09.2011**

Margadarshi had arranged planting of saplings at it's Association's land at Salahunise Grama, Kanakapura Road, Bangalore. Mr. Srinivasan Jayashankaran of Thomson Reuters led his team of 10 members and participated in the program. A total of 100 saplings of different varieties were planted amid great enthusiasm. It was thoroughly enjoyed by one and all. It was an enjoyable experience for everyone who participated.

ಯಾವ ಸೋಲೂ ನಮ್ಮನ್ನು ನಿರಾಶರನ್ನಾಗಿ ಮಾಡಬಾರದು, ಬದಲಿಗೆ ನಮ್ಮಲ್ಲಿ ವಿನೀತ ಭಾವ ತುಂಬಬೇಕು. ಹಾಗೆಯೇ ಯಾವ ಗೆಲುವು ನಮ್ಮನ್ನು ಗರ್ವಿಷ್ಠರನ್ನಾಗಿ ಮಾಡಬಾರದು ಬದಲಿಗೆ ನಮ್ಮಲ್ಲಿ ವಿನಯ ತುಂಬಬೇಕು. ಜೀವನದಲ್ಲಿ ಎರಡಕ್ಕೂ ಮಹತ್ವವಿದೆ.

**A Bouquet of good wishes to one and all at Thomson Reuters. Margadarshi is indeed grateful to employees for their active participation.**



### Responses from the team leader

Dear Madam,

On behalf of the complete Thomson Reuters team would like to take this opportunity to thank you, all staff of Margadarshi for providing us the opportunity of being associated with your NGO and also for the wonderful hospitality that was hosted on the day of event. Personally was touched by efforts, dedication of sacrifice done by you all to build this organization over the last 23 years. It made me realize that so far it was easier to donate to NGO and feel happy about it while the really bliss, challenge lies in getting involved, running the NGO and making a difference to the needy. Felt there was a lot more responsibility of contributing to this society.

- Srinivasan Jayashankaran, Team Leader

### III - HANDIWORK - 07.11.2011



A creative work shop was arranged at our 'HOME' for

Disabled Women, Halasooru, Bangalore on 07.11.2011. A team of 6 employees of Thomson Reuters led by Mr. Suraj Begur participated in the program and assisted in making paper covers, carry bags, pot paintings, greeting cards etc. Many new creative methods were taught to our HOME residents by the employees.

It was a great way to spend quality time with our challenged HOME residents for the employees of Thomson Reuters!

**A Big of thanks to the employees team of Thomson Reuters.**

### Feed Back from Team Leader:

**Hi Margadarshi Team!!**

Thanks for all the hospitality and great time. The Thomson Reuters team had a nice time at your place. All were happy being spent quality time with your organization. Thanks for the certificate and greeting card. It is good moments which all of us remember forever.

Once again thanks a lot !!!

- Suraj Begur, Team Leader

### IV - STREET PLAY - 18.11.2011



A street play was arranged by Margadarshi on 18.11.2011 to bring awareness about disabilities among public. Topics selected for the play were 'reasons for disabilities and preventions'. The play was arranged at the slums of Avalahalli, Konankunte, a very backward area. A team of Vivekananda Foundation from Shidlaghatta exhibited the play and more than 100 spectators gathered to view the play. Totally it was 1 ½ hour play and in association with Mobility India, this play was arranged. This play brought an awareness among slum people about the disabilities.

A team of 10 employees from Thomson Reuters led by Mr. Praveen Naidu assisted during the play.

**A sincere 'THANKS' to Mr. Nagaraj for making this street play happen. A BIG 'THANKS' to Mobility India and Thomson Reuters team.**

**Views from Team**

**Very Good Evening !!**

Firstly, I would like to thank you for inviting us for such a good event.

**- Praveen Naidu, Team Leader**

**V - SPORTS COLORS - Sports meet for special Children - 30.11.2011**

On 30.11.2011 Margadarshi arranged a sports meet for special children at Harohalli, Kanakapura, a rural village, in association with Sri Vaishnavi Special Academy, a day care centre for special children.



Nearly 100 special children participated in the sports meet. The games conducted were running race, lemon in spoon, aiming the target, frog race etc. Children enjoyed the games and played with great enthusiasm and won prizes.

A team of 15 employees led by Mr. Shivashankar Padhy managed the entire event right from inaugural function, conducting the sports events, distribution of medals to students etc., The event was successful and credit goes to Mrs. Keerthi Garag of Sri Vaishnavi Special Academy who took all efforts to organize the event. Thomson Reuters team managed the entire event successfully.

**We at Margadarshi thank Mrs. Keerthi Garag of Sri Vaishnavi Special Academy and Team of Thomson Reuters from the bottom of our heart for their whole hearted support.**

**Views from Team Leader :**

We learned a lot and also felt very happy that we have contributed something to the society.

**Shivasankar Padhy, Team Leader**

**Skill Development Program - 17.12.2011**

Margadarshi played a pivotal role for the 30 students who participated in this unique program of skill development. Mr. Sathyanarayan of SADA institution was the key person to oversee the event from beginning to end.

This consisted of various events which would enhance the communication skills, memory skills, team building spirit and interpersonal relationship. Let us share with you a few events which were organized.



1. One of the events was a '**Show and Tell**' - not the usual one where one is assigned to speak about a particular topic. Here each participant was shown a mirror image of themselves and had to speak about themselves in third person!
2. Next was the difficult task of presenting visiting cards of their future. How it would be a decade later !
3. Memory test - displaying 40 items of different categories were shown to the participants and they had to list them on a paper as per their memory.
4. Of course, the team building activity was also conducted. Each team had to build their own planet with its unique features.
5. Last but not the least was the interactive play. Here one has to stop the play when they find a negative point and re-do it differently in a positive manner !

**Kudos to Mr. Sathyanarayan for his help and innovativeness !!**

A team of 5 employees led by Mr. Laxminarayan from Thomson Reuters volunteered the program. Thanks to the whole team.

**Views from Team Members :**

Dear Geetha,

It was an wonderful experience at Margadarshi and would like to highlight the way the event has been organized was amazing. Would really appreciate the hard work give beyond to do the event and we enjoyed very much. We will definitely in touch and help organizing more events like this in future and I will see work opportunities at Thomson Reuters for your students.

- **Laxminarayan**, Team Leader

**A BIG thanks to the Management of Thomson Reuters for their whole hearted support to all six events.**

**A Thanks Note from Madam ELIZEBETH -  
Corporate Responsibility Head - India -  
THOMSON REUTERS.**

**Dear Community Partners,**

Thank you for providing us the great opportunity to work with your organization during Community Service. As you know our last project was on Sunday, Dec'18. We have successfully completed all our 202 projects.

The feedbacks received from our people are remarkable. Many of them want to come back and support your Organization. I hope you will get to hear from our people. We look forward to another successful season next year. Do keep us posted on your programmes and if you require any assistance please inform me.

**Season Greetings and Great New Year to you.**

**Many Thanks**

**Elizebeth**

**ON 25.12.2011 - NGO MEET**

In continuation to our earlier NGO Meet arranged on 21.09.2011, an NGO Meet was arranged on 25.12.2011, in view of good response received from all NGOs who had attended the earlier event. 13 new NGOs were invited for the meet and allowed to share their activities on the stage. Voluntary Organizations of earlier meet were also invited for this program.

This meet was also a successful as many NGOs presented in this event shared their area of activities. Everybody appreciated the effort of Margadarshi and requested us to invite more and more NGOs, so that information can be shared among NGOs in coming days and improve services to the society.

Dr. Sawanth founder of Hari Om Trust was the Chief Guest for the function and appreciated the effort of Margadarshi and spoke about true meaning of SEVA and real involvement in SEVE. Really his talk was very much inspiring and it has boosted the energies of NGOs.

Margadarshi is planning to arrange next NGO Meet in the month of April-2012.

Thanks to Information & Resource Centre for having provided venue and food on the day. Thanks to Mr.Nagaraj Navunda for providing a very good back drop about NGO Meet.



## ಸ್ವಾತಂತ್ರ ದಿನಾಚರಣೆ ಮತ್ತು ರಕ್ಷಾ ಬಂಧನ ಕಾರ್ಯಕ್ರಮ



15-8-2011 ರಂದು ನಮ್ಮ ಸಂಸ್ಥೆಯ ಮಹಿಳಾವಿಕಲಚೇತನರ ವಸತಿ ಗೃಹದಲ್ಲಿ ಸ್ವಾತಂತ್ರ ದಿನಾಚರಣೆ ಮತ್ತು ರಕ್ಷಾಬಂಧನದ ಕಾರ್ಯಕ್ರಮಗಳನ್ನು ಆಚರಿಸಲಾಯಿತು.

ಅಂದು ಬೆಳಿಗ್ಗೆ 10 ಘಂಟೆಗೆ 30 ವಿಕಲಚೇತನ ಬಂಧುಗಳು ಮತ್ತು 20 ಸ್ವಯಂಸೇವಕರ ಸಮ್ಮುಖದಲ್ಲಿ ನಮ್ಮ ಸ್ವತಂತ್ರ ಭಾರತದ 64ನೇ ಹುಟ್ಟುಹಬ್ಬವನ್ನು ಗೌರವಾದರಗಳಿಂದ ದ್ವಜಾರೋಹಣದ ಮೂಲಕ ಆಚರಿಸಲಾಯಿತು.

ನಂತರ 11 ಘಂಟೆಗೆ ರಕ್ಷಾಬಂಧನದ ಕಾರ್ಯಕ್ರಮ ನಡೆಯಿತು. ಇದರ ಮಹತ್ವವನ್ನು ರಾಷ್ಟ್ರ ಸೇವಿಕಾ ಸಮಿತಿ ಸದಸ್ಯರಾದ ವಸುಧಾ ಅಕ್ಕರವರು ಸಭಿಕರಿಗೆ ತಿಳಿಸಿದರು. ನಂತರ ಪರಸ್ಪರ ರಾಖಿ ಕಟ್ಟಿಸಿಕೊಳ್ಳಲಾಯಿತು.

## ನಮ್ಮ ಸಂಸ್ಥೆಯ ಹೆಮ್ಮೆಯ ಯುವ ಶಕ್ತಿ ಸದಸ್ಯರುಗಳು ತಾವು ಭಾಗವಹಿಸಿದ ವೈದ್ಯಕೀಯ ತಪಾಸಣಾ ಶಿಬಿರದ ಅನುಭವಗಳನ್ನು ಈ ರೀತಿ ಹಂಚಿಕೊಂಡಿದ್ದಾರೆ.

ಚಿಕ್ಕಕೆರೆ ವೈದ್ಯಕೀಯ ಶಿಬಿರದಲ್ಲಿ ಪಾಲ್ಗೊಂಡಿದ್ದ ನನಗೆ ತುಂಬ ಋಷಿ ಕೊಟ್ಟಿತು. ಇದು ನನಗೆ ಹೊಸ ಅನುಭವ. ಹೆಚ್ಚು, ಹೆಚ್ಚು ಅಂಗವಿಕಲರನ್ನು ಮತ್ತು ಅತೀ ಬಡತನವನ್ನು ನಾನು ಇಲ್ಲಿ ನೋಡಿದೆ. ಯಾವ ವೈದ್ಯಕೀಯ ಸೌಲಭ್ಯವೂ ಇವರಿಗಿಲ್ಲ. ಸ್ವತಃ ನಾನು ಅಂಗವಿಕಲೆಯಾಗಿದ್ದರೂ ನನಗೆ ಸಿಟಿಯಲ್ಲಿ ಎಲ್ಲಾ ಸೌಲಭ್ಯಗಳು ಇವೆ. ಆದ್ದರಿಂದ ನನ್ನ ಕಷ್ಟ ಇವರ ಕಷ್ಟದ ಮುಂದೆ ತುಂಬಾ ಚಿಕ್ಕದು ಎಂದೆನಿಸಿತು. ಅವಕಾಶಗಳು ಒದಗಿ ಬಂದಾಗ ನಾನು ಹೆಚ್ಚು ಹೆಚ್ಚು ಇಂತಹವರ ಸೇವೆಗಳನ್ನು ಮಾಡುತ್ತೇನೆ. ಇಂತಹ ಅವಕಾಶವನ್ನು ಕಲ್ಪಿಸಿಕೊಟ್ಟಂತಹ ಮಾರ್ಗದರ್ಶಿಗೆ ನನ್ನ ವಂದನೆಗಳು.

- ವಿದ್ಯಾಬಾಯಿ

4ನೇ ಮತ್ತು 5ನೇ ನವೆಂಬರ್ 2011 ನನ್ನ ಜೀವನದಲ್ಲಿ ಅತಿ

ಪ್ರಮುಖವಾದ ದಿನಗಳು. ಈ ಶಿಬಿರದಲ್ಲಿ ಅನೇಕ ಅಂಗವಿಕಲ ಬಡವರನ್ನು ನೋಡಿ ನನಗೆ ನೋವಾಯಿತು. ಮಾರ್ಗದರ್ಶಿ ನಮಗೆ ಸಹಾಯ ಮಾಡುವುದರ ಜತೆಗೆ, ಯುವಶಕ್ತಿಯ ಸದಸ್ಯತ್ವವನ್ನು ನೀಡಿ, ನಮಗೆ ಇಂತಹ ಶಿಬಿರಗಳಲ್ಲಿ ಭಾಗವಹಿಸುವಂತಹ ಅವಕಾಶಗಳನ್ನು ಕಲ್ಪಿಸಿಕೊಡುತ್ತಿದ್ದಾರೆ. ಹಳ್ಳಿಯ ಜೀವನ ಎಷ್ಟು ಕಷ್ಟಕರ ಮತ್ತು ಎಷ್ಟೋ ವಿಕಲಚೇತರಿಗೆ ನಡೆಯಲಾಗುವುದಿಲ್ಲ, ಕೂರಲಾಗುವುದಿಲ್ಲ, ಊಟ ಮಾಡಲಾಗುವುದಿಲ್ಲ, ಇದು ನನಗೆ ಒಳ್ಳೆಯ ಅನುಭವ. ನನ್ನ ಸ್ವಂತ ಕಾಲಿನ ಮೇಲೆ ನಿಂತಾಗ ಸಮಾಜ ಸೇವೆಯಲ್ಲಿ ನನ್ನನ್ನು ನಾನು ಮತ್ತಷ್ಟು ತೊಡಗಿಸಿಕೊಳ್ಳುತ್ತೇನೆ. ಮಾರ್ಗದರ್ಶಿಗೆ ನನ್ನ ವಂದನೆಗಳು.

- ಭಾಗ್ಯಲಕ್ಷ್ಮಿ

ಈ ಶಿಬಿರದಲ್ಲಿ ಎಲ್ಲರ ಜತೆ ಸೇರಿ ಕೆಲಸ ಮಾಡಿದ್ದು ನಿಜಕ್ಕೂ ಆನಂದ ತಂದಿದೆ. ಇಲ್ಲಿ ನನಗಾದ ಅನುಭವ ಎಂದರೆ ಹಳ್ಳಿಯ ಜೀವನ ಎಷ್ಟು ಕಷ್ಟ ಎಂದು. ಸರಿಯಾದ ಶಿಕ್ಷಣ ಇಲ್ಲ, ತಿಳುವಳಿಕೆ ಇಲ್ಲ, ಆರೋಗ್ಯವಿಲ್ಲ, ಸೌಲಭ್ಯಗಳಿಲ್ಲ, ನಾವು ಎಷ್ಟು ಅದೃಷ್ಟವಂತರು ಎಂದೆನಿಸಿತು. ಇಂತಹ ಕಾರ್ಯಕ್ರಮಗಳಲ್ಲಿ ಇನ್ನೂ ಹೆಚ್ಚು ಪಾಲ್ಗೊಂಡು ನನ್ನ ಕೈಲಾದ ಸೇವೆಯನ್ನು ನಾನು ಮಾಡುತ್ತೇನೆ. ಮಾರ್ಗದರ್ಶಿ ನಮ್ಮ ಯುವಶಕ್ತಿಗೆ ಇಂತಹ ಅವಕಾಶಗಳನ್ನು ಮತ್ತಷ್ಟು ಕಲ್ಪಿಸಿಕೊಡಲಿ ಎಂದು ಕೇಳಿಕೊಳ್ಳುತ್ತೇನೆ.

- ಮಧುಲತ

ನಾನು ಮಾರ್ಗದರ್ಶಿಯಿಂದ ಸುಮಾರು 8 ವರ್ಷದಿಂದ ಸಹಾಯ ಪಡೆದಿದ್ದು. ಇನ್ನೂ ಪಡೆಯುತ್ತಿದ್ದೇನೆ. ವಿಕಲಚೇತನರ ಸೇವೆಯೇ ಮುಖ್ಯ ಗುರಿಯನ್ನಾಗಿ ಮಾಡಿಕೊಂಡಿರುವ ಈ ಸಂಸ್ಥೆ ಮಾರ್ಗದರ್ಶಿ ಯುವಶಕ್ತಿಗೆ ಚಾಲನೆ ನೀಡಿತು. ಇದರಲ್ಲಿ ನಾನು ಒಬ್ಬ ಸದಸ್ಯನಾಗಿರುವುದು ನನಗೆ ಸಂತಸ ತಂದಿದೆ. ಚಿಕ್ಕಕೆರೆಯ ವೈದ್ಯಕೀಯ ಶಿಬಿರದಲ್ಲಿ ಯುವಶಕ್ತಿಯ ಕೆಲ ಸದಸ್ಯರಿಗೆ ಭಾಗವಹಿಸಲು ಅವಕಾಶ ನೀಡುತ್ತಾ. ಈ ಶಿಬಿರದಲ್ಲಿ ನಮ್ಮಲ್ಲಿ ಎಲ್ಲರೂ ಒಂದೊಂದು ರೀತಿಯ ಕೆಲಸ ಕಾರ್ಯಗಳಲ್ಲಿ ನಮ್ಮನ್ನು ನಾವು ತೊಡಗಿಸಿಕೊಂಡಿದ್ದೆವು. ನನ್ನಂತಹ ವಿಕಲಚೇತನರನ್ನು ನಾನು ಕೆಲವರನ್ನು ಮಾತ್ರ ನೋಡಿದ್ದೆ, ಆದರೆ ಒಂದೇ ಬಾರಿ ಹೆಚ್ಚಿನ ಸಂಖ್ಯೆಯಲ್ಲಿ ನೋಡಿದ್ದು ಇದೇ ಮೊದಲು. ಸಂಬಂಧಗಳಲ್ಲಿ ಮದುವೆಗಳು ಇಂತಹ ಮಕ್ಕಳ ಹುಟ್ಟಿಗೆ ಒಂದು ಕಾರಣ ಎಂದು ಕೂಡ ತಿಳಿಯಿತು. ಅಲ್ಲಿನ ಜನರ ಜೀವನವೇ ಬಹಳ ಕಷ್ಟಕರವಾಗಿತ್ತು. ನಾನು ಈ ಶಿಬಿರದಿಂದ ಕಲಿತ ಪಾಠ ಅಪಾರ. ಸಾಮಾನ್ಯ ವಿಕಲಚೇತನ ವಿದ್ಯಾರ್ಥಿಯಾಗಿದ್ದು, ಇಂತಹ ಶಿಬಿರದಲ್ಲಿ ನನ್ನ ಕೈಲಾದ ಸಹಾಯ ಮಾಡುವಂತಹ ಅವಕಾಶ ಮಾಡಿಕೊಟ್ಟ ಮಾರ್ಗದರ್ಶಿಗೆ ನನ್ನ ಕೃತಜ್ಞತೆಗಳು. ಮುಂದಿನ ಯಾವುದೇ ಸೇವಾ ಕಾರ್ಯಕ್ಕೂ ನನ್ನಿಂದಾಗುವ ಸಹಾಯ ಮಾಡಲು ನಾನು ಸಿದ್ಧ.

- ಪ್ರದೀಪ್

‘ಮಾರ್ಗದರ್ಶಿ’ಯು ಎಲ್ಲಾ ವಿಕಲಚೇತನರ ಜೀವನದಲ್ಲಿ ಹೊಸ ಚೈತನ್ಯವನ್ನು ತುಂಬುವ ಸಂಸ್ಥೆ ಎನ್ನುವುದರಲ್ಲಿ ಎರಡು ಮಾತಿಲ್ಲ. ನಾನು ಅದಷ್ಟು ಸಹಾಯ ಪಡೆದಿದ್ದೇನೆ. ನನಗೆ ತುಂಬ ಸಂತಸ ತಂದ ವಿಷಯ ಎಂದರೆ, ‘ಮಾರ್ಗದರ್ಶಿ ಯುವಶಕ್ತಿ’ಗೆ ಚಾಲನೆ ನೀಡಿ ನನಗೂ ಸದಸ್ಯತ್ವ

ನೀಡಿದ್ದು, ಮತ್ತು ಇದರ ಮೂಲಕ ನನಗೆ ಸಮಾಜ ಸೇವೆಯ ಅರಿವನ್ನು ಮೂಡಿಸುತ್ತಿರುವುದು. 9 ಮತ್ತು 10ನೇ ಜುಲೈ 2011ರಂದು ಆಯೋಜಿಸಿದ್ದ ವೈದ್ಯಕೀಯ ಶಿಬಿರದಲ್ಲಿ ನಾನೂ ಪಾಲ್ಗೊಂಡು ಹಿರಿಯರ ಮಾರ್ಗದರ್ಶನದಲ್ಲಿ ಕೆಲಸ ಮಾಡಿದೆ. ನನಗೆ ತುಂಬಾ ತೃಪ್ತಿ ತಂದುಕೊಟ್ಟಿತು. ಇದರಲ್ಲಿ ನಾನು ಸಾಕಷ್ಟು ಅನುಭವ ಪಡೆದುಕೊಂಡೆ. ಸಮಾಜ ಸೇವೆ ಎಷ್ಟೊಂದು ಖುಷಿ ಕೊಡುತ್ತದೆ ಎಂದು ಈ ಶಿಬಿರದಿಂದ ಕಲಿತೆ. ಇಂತಹ ಯಾವುದೇ ಕೆಲಸಗಳಲ್ಲಿ ನನ್ನನ್ನು ನಾನು ತೊಡಗಿಸಿಕೊಂಡು ಸಮಾಜದ ಒಳಿತಿಗಾಗಿ ನಾನು ದುಡಿಯುತ್ತೇನೆ ಎಂದು ಹೇಳುತ್ತಾ ಮಾರ್ಗದರ್ಶಿಗೆ ನನ್ನ ವಂದನೆಗಳನ್ನು ತಿಳಿಸುತ್ತೇನೆ.

- ನಾಗಭೂಷಣ್



ಜೀವನದಲ್ಲಿ ಏನೂ ಮಾಡಲಾಗುವುದು ಎಂದುಕೊಂಡಿದ್ದ ನನಗೆ ಮಾರ್ಗದರ್ಶಿ ಸ್ವತಃ ನನ್ನ ಕಾಲಮೇಲೆ ನಿಲ್ಲಲು ಅವಕಾಶ ಕಲ್ಪಿಸಿಕೊಟ್ಟಿತು. ಆದರೆ ಈ ಶಿಬಿರದ ನಂತರ ನನ್ನ ಅಭಿಪ್ರಾಯ - ನಾನೂ ಸಹ ಒಬ್ಬ ಸಾಮಾನ್ಯ ವ್ಯಕ್ತಿಯಾಗಿ ಸಹಾಯ ಸೇವೆ ಇನ್ನೊಬ್ಬರಿಗೆ ಮಾಡಲು ಸಾಧ್ಯ! ಎನ್ನುವ ಭಾವನೆ ಬಂದಿತ್ತು. ಕಾರಣ ಈ ಪ್ರಪಂಚದಲ್ಲಿ ನನಗಿಂತ ಅಸಹಾಯಕರು ಎಷ್ಟೋ ಮಂದಿ ಅಂತವರಿಗೆ ನನ್ನ ಕೈಲಾದ ಸಹಾಯ ಮಾಡಲು ನಾನೂ ಕೂಡ ಶಕ್ತಿ ಎಂಬ ನಂಬಿಕೆ ಬಂದಿತು. ನಾನು 'ಯುವಶಕ್ತಿ'ಯ ಸದಸ್ಯೆಯಾಗಿ ಈ ಶಿಬಿರದಲ್ಲಿ ಪಾಲ್ಗೊಂಡು ಕೆಲಸ ಮಾಡಿದೆ. ನನಗಂತೂ ಇದು ಹೊಸ ಅನುಭವ ಅನೇಕ ವಿಕಲಚೇತರನ್ನು ನೋಡಿ ನನಗೆ ನೋವಾಯಿತು. 2 ದಿನಗಳಲ್ಲಿ 200ಕ್ಕೂ ಹೆಚ್ಚು ಮಂದಿಗೆ ಡಾ|| ಬದ್ರಿನಾಥ್ ತಪಾಸಣೆ ನಡೆಸಿದರು. ಈ ಅನುಭವ ನಾವು ಮಾರ್ಗದರ್ಶಿಯ ಮಾರ್ಗದರ್ಶನದಲ್ಲಿ ಸದಾ ನಡೆಯುವ ಪಣ ತೊಡುವಂತೆ ಮಾಡಿದೆ. ಮಾರ್ಗದರ್ಶಿಗೆ ನನ್ನ ವಂದನೆಗಳು.

- ನೇತ್ರಾವತಿ

ನಾನು ಯುವಶಕ್ತಿಯ ತಂಡದೊಂದಿಗೆ ಮಾರ್ಗದರ್ಶಿಯ ಹಿರಿಯರ ಮಾರ್ಗದರ್ಶನದಲ್ಲಿ, ಈ ಶಿಬಿರದಲ್ಲಿ ನನ್ನನ್ನು ನಾನು ತೊಡಗಿಸಿಕೊಂಡಿದ್ದೆನು. ಇದು ನನಗೆ ಮೊದಲನೇ ಶಿಬಿರ ಮತ್ತು ಅನುಭವವಾಗಿತ್ತು. ಈ ಶಿಬಿರದಲ್ಲಿ ನಾನು ಹೇಗೆ ಕೆಲಸ ಮಾಡಬೇಕೆಂದು ಹಿರಿಯರು, ವೈದ್ಯರು ಮತ್ತು ಸಂಘ ಸಂಸ್ಥೆಗಳು

ಮಾರ್ಗದರ್ಶನ ಕೊಟ್ಟರು. ಈ ಅನುಭವ ನಮಗೆ ಸಮಾಜದಲ್ಲಿ ಕಷ್ಟಗಳ ಬಗ್ಗೆ ಮನವರಿಕೆಯಾಗಿತ್ತು. ಇಂತಹ ಅಸಹಾಯಕ ಜನರಿಗೆ ಏನಾದರೂ ಸೇವೆಯನ್ನು ಮಾಡಲು ಇಚ್ಛೆಯಾಯಿತು. ಇನ್ನು ಮುಂದೆ ನಡೆಯುವಂತಹ ಶಿಬಿರಗಳಲ್ಲಿ ನಾನು ಸ್ವಯಂಪ್ರೇರಿತನಾಗಿ ಪಾಲ್ಗೊಳ್ಳುತ್ತೇನೆ. ಸಂಸ್ಥೆಯ ಎಲ್ಲಾ ಹಿರಿಯರಿಗೂ ನನ್ನ ತುಂಬು ಹೃದಯದ ವಂದನೆಗಳು.

- ಹನುಮಂತರಾಯಪ್ಪ

Life as we know it takes different paths for different people. Some of them know pain, some don't, its all about experience and the places you go to.

I have been with Margadarshi for quite some time now and the 1st phase of challakere visit was my first of its kind.

I had visualized something before I went there. But when I went there and saw everything, I realized whatever I visualized was not enough. The kind of people I met and the kind of people I saw were beyond my imagination and abilities. I learnt a lot of valuable things just by being there with Margadarshi helping them organize this extremely thoughtful event. Valuable things like humanity, friendliness, that sky is not the limit and many more. On a more implicit level the whole experience teaches me a lot of things about life, something I will never get from anywhere else. These things are not written on stone for me to follow but they grow and build upon from what I analyze and see.

I have been within my comfort zone and have seen many things and have experienced quite a few things in my life but trust me, just when you think, you have seen everything in your life, there is always something more to see and learn.

I thank Margadarshi for making me a part of their Youth Team and giving me a chance to help them organize the event.

- Ashik



## OUR EDUCATION PROGRAMME

Margadarshi has extended help to 26 students for the academic year 2011-12. Assistance is being given to very needy physically challenged students towards admission fee / tuition fee / uniforms / books and other study materials.

On 01.07.2011 State Bank of India Zonal Inspection Office, Bangalore celebrated Banker's Day. On this happy occasion ZIO distributed note Books, Bags and other study materials to the physically challenged and down trodden students. This distribution program was arranged at our residential 'Home for Disabled Women'.

Mr.Thiwari - Chief Manager, Mr.Krishnan.C-Chief Manager, Mr.Amarnarayan-Manager, Mr.Ananthanarayan-Manager, Mr.O.P.Chowbe-Special Assistant, and Mrs.Sheeba Verghese - Manager represented the Bank and distributed the books and study materials to about 50 students.

It was a memorable event and students expressed their gratitude to State Bank of India and Margadarshi.

The Co-sponsorers for this program are as below :

1. Sri Palaniswamy
2. Sri Ramesh & Friends
3. Smt. Sridevi & Sri.Venkateshan
4. Mr. Krishna
5. Smt. Archana & Friends
6. Belaku Shishunivasa

**Our heartfelt thanks to State Bank of India and other Co-Sponsorers.**



Donations in the form of cash or cheque will be accepted, cheques may be drawn in favour of "Margadarshi, The Association for Physically Challenged (Regd.)"

Visit our website at :

[www.margadarshionline.com](http://www.margadarshionline.com)

The donations made to the Association are exempted under 80G of IT Act.

**FOR ENQUIRIES KINDLY CONTACT :**

Association Office Ph. No. : 080-22235810

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**Margadarshi 'Home' for Physically Challenged Women, # 47/1, Annaiah Reddy Road, Halasooru, Bangalore-08, HOME : 080-25570841**

### Organising Commitee

**K.M. Geethamrutha**, President

Phone : 080-66148434, M:9538765362

**V.V. Shanthalakshmi**, Vice President

Phone : 080-25532555, M-94482 70785, 95384 79085

**N. Umakanth**, Secretary

Mobile : 98860 80444

**K.N. Seethalaksmi**, Jt. Secretary

Mobile : 9845 469155

**M.R. Venkatachalam**, Jt. Secretary

Mobile : 94484 96037

**N. Krishnamurthy**, Treasurer

Phone : 080-23102704, Mobile : 94493 42940

### You can help us in the following way :

- Medical assistance like surgeries, mobility equipments like calipers, limbs, wheelchairs, tricycles, crutches, walkers etc.
- Educational assistance to needy physically challenged.
- Maintenance of our 'Home' at Halasooru.
- You may donate on occasions like Birthday, Wedding Anniversary, in memory of your/their dears, etc., by sponsoring food to our residents for the day. You may also contribute towards endowment fund, which provides a day's food expense as indicated by you to residents every year.

	Per Day	Endowment Fund
Breakfast	Rs. 200/-	Rs. 2,000/-
Lunch	Rs. 500/-	Rs. 5,000/-
Dinner	Rs. 500/-	Rs. 5,000/-
Lunch & Dinner	Rs. 1,000/-	Rs. 10,000/-

To

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